

Unit 1

I Could Run Fast!



1. Listen and sing.

*Games and sports,
Sports and games,
They're good for your body, yeah, yeah!
They're good for your brain, hurray!*

*Something's happening
In towns and cities.
The young and the old,
They're all wearing shorts!*

*People go outside,
They want to be fit.
They join in the games
On stadiums and fields.*

*I want to be strong,
Happy, and healthy.
Let's forget TV
And join in a race!*



2. Talk about the following activities.

climb trees

watch TV

wash the dishes

take care of pets

visit your grandma

make video calls

do karate

clean your room

hang out with friends

Watching TV is boring.



Climbing trees is fun.



3. Complete. Then, listen and say.

• sp • st

- a. I like to do ____orts.
- b. The game ____arts at seven.
- c. The kids ____ay after school and play games.
- d. He's my very ____ecial friend.
- e. The volleyball player has a ____rong serve.
- f. She's a baseball player from ____ain.



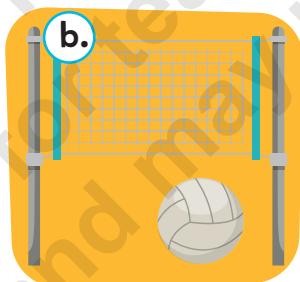
Your Words



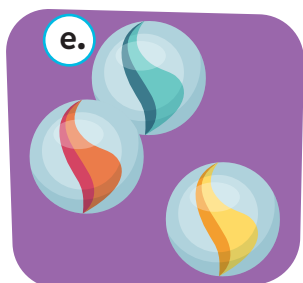
1. Listen and order from a to g.



2. Decipher the code. Then, listen and say.



hopscotch



a:	⦿	k:	⦿	s:	⦿
b:	⦿	l:	⦿	t:	⦿
c:	⦿	m:	⦿	u:	⦿
e:	⦿	n:	⦿	v:	⦿
g:	⦿	o:	⦿	y:	⦿
h:	⦿	p:	⦿		
i:	⦿	r:	⦿		



3. Read and answer.



Sports and Games Trivia



- You need a piece of chalk and a stone to play it on the street with your friends. What is it? _____
- You play it on a field with two teams of eleven players. What is it? _____
- You need a ball and a basket to play it. What is it? _____
- You play it with two teams of six players, a net, and a ball. What is it? _____
- You need some tiny glass balls to play it. What is it? _____
- You need a bat, a ball, and a glove to play it. What is it? _____
- You can do this sport on a track. What is it? _____



4. Listen and complete.

a. Name: Vince James
 Country: _____
 Sport: _____
 Age: _____
 Height: _____
 Weight: 102 kg



b. Name: Marisela Ramos
 Country: _____
 Sport: _____
 Age: _____
 Height: 1.70 m
 Weight: _____




5. Fill in the card about a sportsperson. Then, share.

Paste photo here.

Name: _____
 Country: _____
 Sport: _____
 Age: _____
 Height: _____
 Weight: _____

My sportsperson is Anna Vives. She's from Spain. She plays baseball.



Your Grammar



1. Listen and read.



2. Look and complete with *could* or *couldn't*.

a.

I _____ could _____
play baseball when I
was 25.

b.

We _____
play volleyball when
we were 5.

c.

I _____
swim when I was 9.

d.

We _____
ride our bikes when
we were 6.

How About You?

Grandpa and I are best friends. We get along pretty well, play video games, and have lots of fun together. How is your relationship with older people?





3. Listen and match.

Wall of Fame



Baseball
Champion



Running
Champion



Marbles
Champion



Volleyball
Champion



Basketball
Champion

a. Bruce

b. Scott

c. Meredith

d. Amber

e. Alexa



4. Talk about what they *could* and *couldn't* do. Follow the model.

a. Tina - 10

(jump rope - not climb a tree)

b. Jorge - 4

(read - not write)

c. Gretta - 17

(ride a bike - not drive a car)

d. Andy - 20

(do karate - not swim)

e. Sophie - 35

(paint - not cook)

Tina could jump rope when she was 10, **but** she couldn't climb a tree.

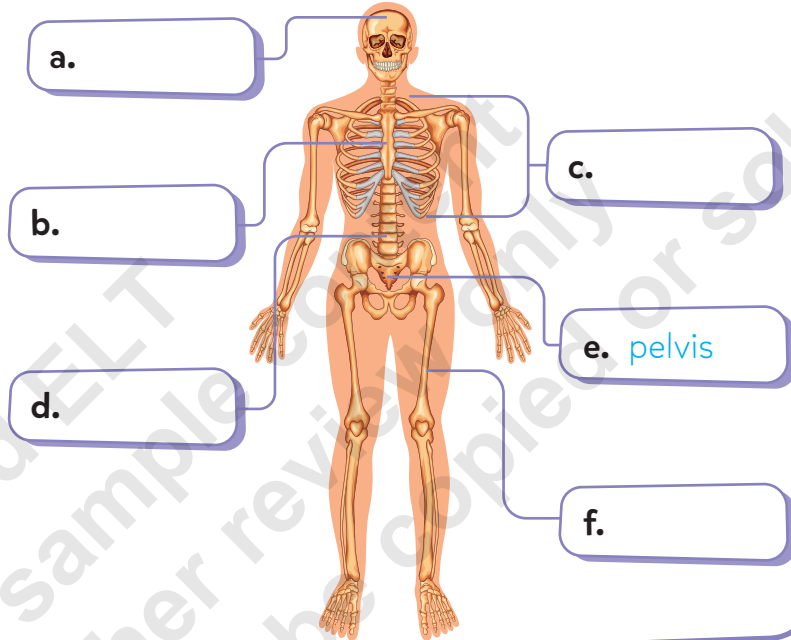




1. Listen and label with the words in blue.

The Skeletal System

Your skeletal system supports, protects, and shapes your body so that you can perform your daily activities. It includes bones (the skeleton), cartilage, ligaments, and tendons. Some of the main components of your skeleton are the **skull**, **femur**, **spine**, **ribs**, **sternum**, and **pelvis**.



2. Go to the Unit 1 Cutouts page and follow the instructions.



- a. Cut out and assemble the skeleton using some split pins.



- b. Position the skeleton doing different activities on black paper and take photos of it.



- c. Print the photos and make an accordion book with them.



- d. Share your work!

Got It!



1. Listen and circle.

<p>a. Nancy</p>  <p>basketball volleyball</p>	<p>b. Bob</p>  <p>marbles running</p>	<p>c. Miss Mayers</p>  <p>volleyball soccer</p>	<p>d. Mr. Fields</p>  <p>hopscotch baseball</p>
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2. Follow and write what these people *could* and *couldn't* do.

The maze contains the following activities: sing, ride a bike, not do karate, jump rope, swim, cook, paint, dance, not play tennis. The goal is to trace the path of each person and list their abilities.

a. Steve could sing,

_____,
and _____
_____ when he was 10.

b. Karen _____

and _____,
but she _____
_____ when she was 10.

c. Xander _____

_____ when he was 10.