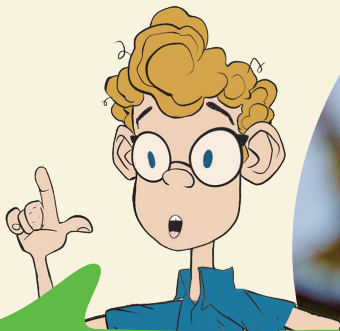




What should we do in our free time?

1 Look at the picture and discuss the questions.

- 1 What is this person doing?
- 2 Would you like to do this activity?

▶  **1.1** Watch the video. Does Ben like his friends' hobbies?

2 Discuss. Do you like these hobbies?



3 Write a list of hobbies for children.

▶ Compare your lists.

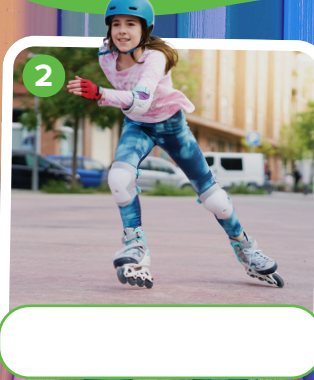


STEAM Project 1

Useful Friction

How do we use friction in free-time activities?

Vocabulary Hobbies



1 1.1 Label the pictures. Listen and check.

arts and crafts climbing cooking drama hiking
horseback riding mountain biking playing an instrument
playing board games playing video games skateboarding skating

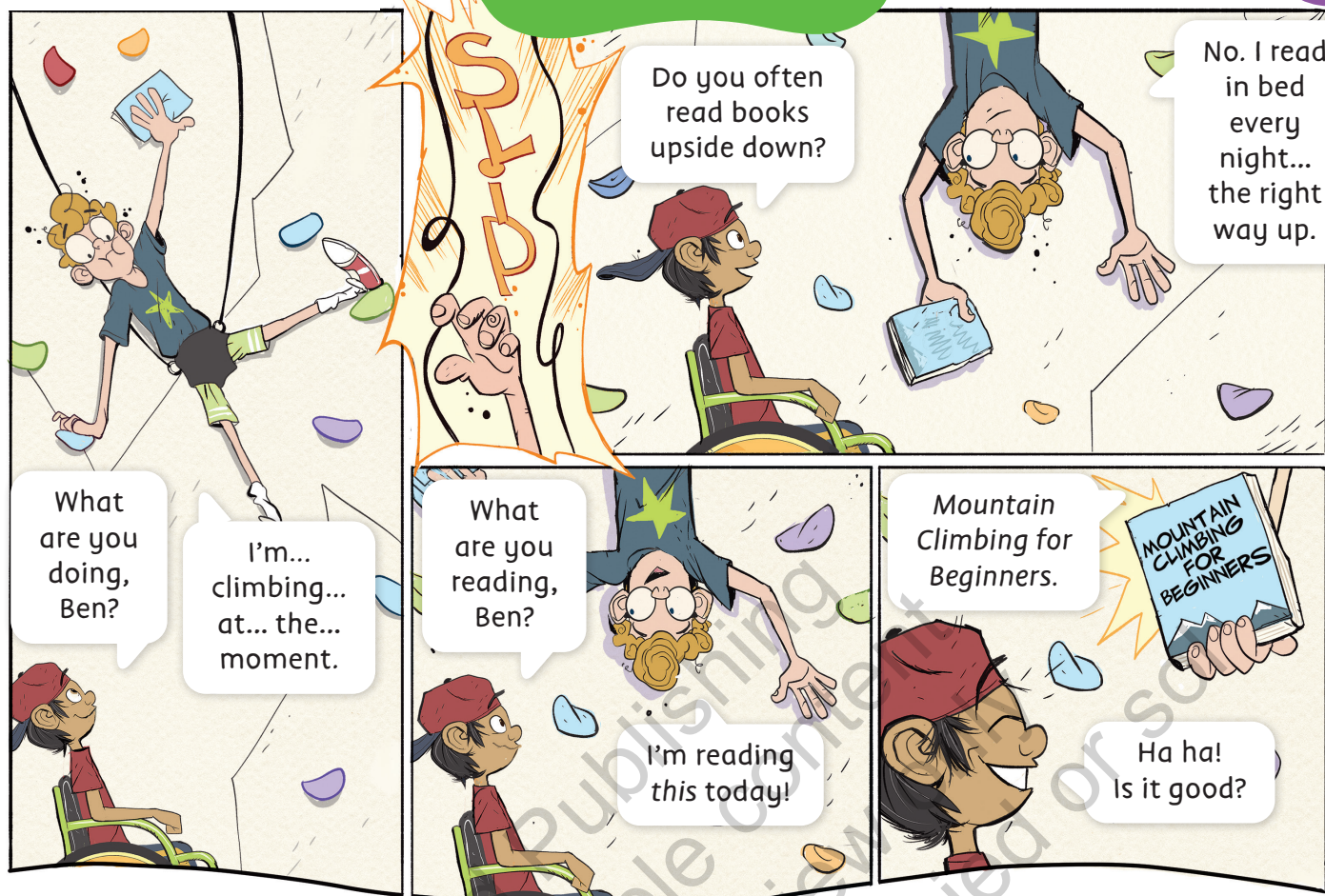
2 Discuss the questions.

- 1 Which hobbies look fun?
- 2 Which hobbies would you like to do?
- 3 What is your favorite hobby?

Which hobbies look fun?

I think playing board games looks fun because you can play with your family and friends.

Think of two good things and two bad things about starting a new hobby.



1 Listen and follow. Answer the questions.

- 1 What is Ben doing at the moment? _____
- 2 What does Ben do every night? _____



Present Simple and Present Continuous with Time Expressions

We go mountain biking **twice a week**.
He doesn't go to drama class **on Thursdays**.
Do they play board games **every weekend**?

They are climbing the mountain **this morning**.
We aren't skateboarding **at the moment**.
Is she riding her horse **now**?

2 Complete the sentences so they are true for you.

- 1 My neighbors _____ now. ✓
- 2 I _____ at the moment. ✗
- 3 I usually _____ on weekends. ✓
- 4 I _____ twice a week. ✓
- 5 My best friend _____ today. ✗

► Share your ideas.



What are you reading at the moment?
What do you usually read?

Reading

1 Label the picture.

fencing glove
mask suit sword



Predicting the Main Idea

Before you read a story, read the title, look at the pictures and predict what the story is about. This makes you think about what you already know about the topic and makes the story easier to follow.

2 Read the title of the story and look at the pictures. Discuss.

- 1 Who are the main characters in the story?
- 2 What do you know about the activity they are going to try?
- 3 What do you think happens when they try it?

▶ 1.3 Listen and follow. Check your answers.

3 Read the story again. Write *L* (Lily), *S* (Sophie) or *B* (both). Who...

- | | |
|--------------------------------------|---|
| 1 goes to drama class? _____ | 4 tries fencing for the first time? _____ |
| 2 is afraid to try new things? _____ | 5 does well at the new activity? _____ |
| 3 enjoys doing new things? _____ | 6 pops the balloons? _____ |

4 Discuss the questions.

- 1 How do you feel when you try a new activity?
- 2 Have you ever felt like Lily did at the beginning of the story?
- 3 What can you learn from Lily's experience?

Trying Something New

"Lily, you look worried. Are you OK?" Sophie asked her cousin as they were walking home from school.

"I have to talk about a hobby in class next Thursday," answered Lily. "But I don't have any hobbies!"

"Fantastic!" Sophie replied.

"Fantastic? What's fantastic about it?"

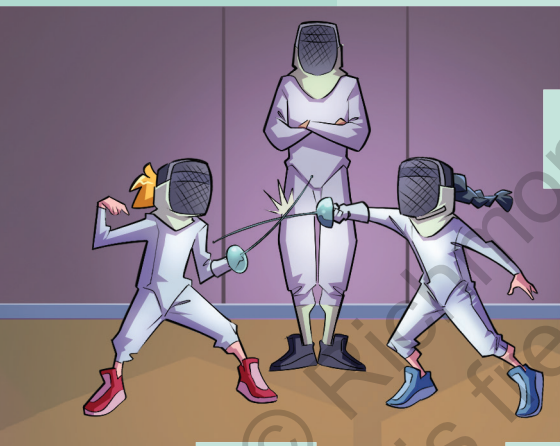
"Well, I want to try fencing," explained Sophie. "You can try it with me, and then you'll have a hobby to talk about on Thursday!"

"Wow, you want *another* hobby? You already do drama twice a week!"

"Well, I love trying new things! Anyway, fencing club meets at the gym on Tuesdays and Thursdays. Should I add your name to the list?"

Lily stayed silent, thinking. She really wanted to try exciting new activities, like climbing and skating, but she was always too afraid she wouldn't be good at them. The kids in her class didn't include Lily in new activities anymore because they knew she wouldn't join in. But maybe it would be easier with her cousin.

"Please, Lily!" begged Sophie. "You'll see it's fun to try something new!"



On Tuesday, Lily was there with Sophie for the first class.

"OK, Lily, Sophie, can you show the class how to do it?" asked the instructor. "Look, everybody, at how Lily moves her feet. And do you see how she's holding the sword? Great position, Lily! Now, move toward Sophie. Good... good... Try to hit her body. Excellent, Lily! Now, everybody find a partner and give it a try!"

"That was amazing!" whispered Sophie.

"I know," answered Lily. "I can't believe it's me!"

"I told you it's great to try new things."

"You were right. My problem was I just didn't believe I could do them."

"Well, you can! And now you have something to talk about on Thursday!"

Thursday morning came, and as the students walked into the classroom, they could see a person in a white fencing suit standing at the back of the room. A mask covered the fencer's face, and the fencer was holding a long, thin sword in a thick glove. There were three balloons tied to the board. As soon as the students had settled into their chairs, the fencer moved fast across the room and used the sword to pop the three balloons in quick succession.

There was a long silence, and then everybody started clapping. The fencer walked to the front of the classroom and took off the mask.

"Lily!" the students shouted in surprise.

"Hi, everybody," she said. "Today, I'm going to talk about my new hobby—fencing!"



Listening

Climbing Club

School gym every Monday at 5:00 p.m.



Come to the Cooking Club! Wednesdays at 6:00 p.m. in room 12.



The

DRAMA CLUB

is looking for new actors!
Every Thursday at 5:30 p.m.
in the theater.

The Poetry Club welcomes all new poets at 6:00 p.m. on Tuesdays in the music room.

THE TV CLUB

Want to write for TV?
Then come to room 8
on Fridays at 5:00 p.m.



Do you have GREEN FINGERS?

Then join the Gardening club!
Saturdays at 10:00 a.m. in
Andrews Park.



Listening for Opinions

To identify opinions, listen for:

- Opinion expressions: *I think/ believe..., In my opinion..., It seems/looks/sounds...*
- Expressions for agreeing or disagreeing: *I agree, You're right, Good point, I see what you mean, but...*
- Adjectives: *interesting, boring, great, fun, easy.*

1 1.4 Listen and choose. Which clubs are mentioned?

2 1.4 Listen again. Choose the correct words.

- 1 Alfie thinks gardening is **fun** / **easy**.
- 2 Alice thinks gardening sounds **amazing** / **difficult**.
- 3 Jude thinks the TV club sounds **exciting** / **boring**.
- 4 Alice thinks the TV club is **great** / **popular**.
- 5 Jude thinks cooking is **useful** / **interesting**.

3 Discuss. Which after-school club would you like to join and why?

I'd like to join the drama club because I think acting is fun.

I agree!



Imagine the after-school club you want to join is full.
What do you do?

- 1  1.5 Listen. Match the speakers with the activities.



- 2 Which speaker says each sentence? Write 1, 2 or 3.

- | | |
|-------------------------------------|-------------------------------------|
| 1 I'm not into skateboarding. _____ | 5 I love playing the guitar. _____ |
| 2 I'm crazy about music. _____ | 6 My sister can't stand it. _____ |
| 3 I hate falling off. _____ | 7 I don't mind theater trips. _____ |
| 4 Drama is all right. _____ | 8 I don't really like acting. _____ |

- ▶  1.5 Listen again and check.



Talking about Likes and Dislikes


I enjoy/like/love...
I'm into/a fan of...
I'm crazy about...


I don't mind...
It's all right/OK.
I'm not into...


I don't like...
I can't stand...
I hate...

- 3 Discuss your opinions of these activities.

arts and crafts

cooking

getting up early

mountain biking

playing sports

playing video games

Do you like getting up early?

No! I hate getting up early. I love staying in bed.

Can you enjoy a hobby you're not good at?

1 Discuss the type of word that is missing from each sentence.

adjective adverb noun preposition verb

- 1 I love cooking _____ my family.
- 2 My cousins and I _____ hiking most weekends.
- 3 Wow, that sounds amazing! You play the guitar _____.
- 4 I'd love to go horseback riding, but it costs a lot of money. It's really _____.
- 5 What _____ are you reading at the moment?

► Complete the sentences.



Reading Gap Fill

- Look at each gap (space) and think about the type of word that is missing: a preposition, an adjective, a verb, a noun, an adverb and so on.
- Write the words you are sure of first so you can spend more time on the words you don't know.
- Be careful with your spelling.
- Check your answers carefully. Read the whole text. Does it make sense?

2 Complete the email. Write one word in each space.

From: Sara

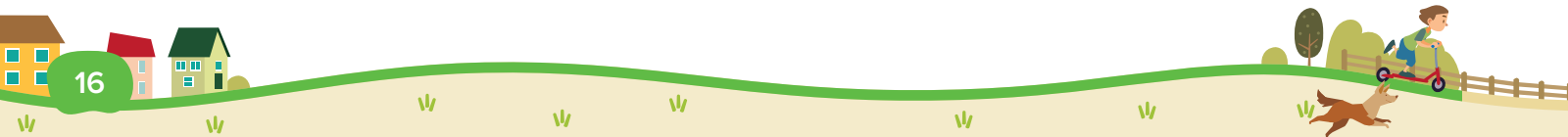
To: Albert

Thank you (0) _____ *for* _____ your email. Yes, I am interested in joining the after-school baseball (1) _____. It sounds great. I enjoy all sports, and I would like to be a professional soccer player one day.

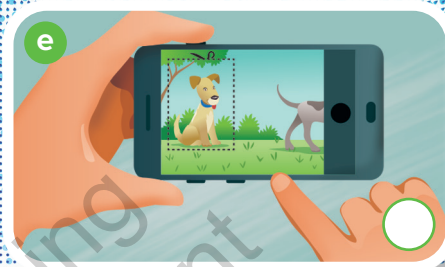
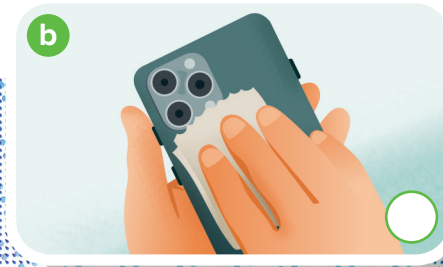
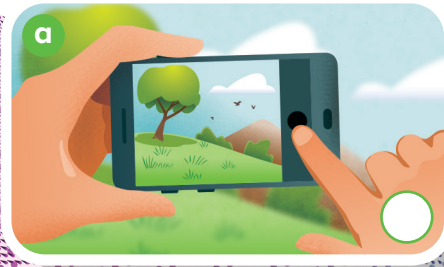
You said the club meets (2) _____ a week. Is that Tuesdays and Thursdays or Mondays and Wednesdays? What time does it start? I can't wait!

I went to visit my cousin in New York last weekend. We went (3) _____ the park together. My cousins (4) _____ to the park every weekend to play baseball! They're really (5) _____ it. They took me to see a major league game afterward, too. It was a fantastic experience!

I have (6) _____ go and have dinner now. See you soon!



1 Read the instructions. Match the advice with the pictures.



How to Take Better Photos on Your Cell Phone

- 1 Make sure your camera is clean. Don't put your fingers on the lens. This can affect the quality of your photos.
- 2 Learn what the camera on your cell phone can do. Take time to learn how to make images brighter, darker or closer. It's difficult to see photos that are too dark.
- 3 Take photos outside when possible because the light is much better. It's harder to take good photos inside a building.
- 4 Put the person or object that you want to photograph in the center of your screen. Then move closer or farther away, or use the zoom.
- 5 Edit your photos. Use the photo app on your phone to crop anything you don't want from the photo.



2 Read the instructions again and discuss the questions.

- 1 Why should you clean your camera?
- 2 What should you learn about your phone?
- 3 Why is it better to take photos outside?
- 4 What can you do with your photo app?

3 Write three instructions for a hobby.

➤ Take turns reading the instructions and guessing the hobbies.



Giving Instructions

When we give instructions, we often use the imperative:

- **Make** sure your camera is clean.
- **Don't put** your fingers on the lens.

We can also use *to* + verb to say why we do something:

- Use a photo app **to edit** the photo.



I NEED A NEW HOBBY!

I was crazy about drama

1 _____,

But now I just don't want to go.

I went to cooking club

2 _____,

But I didn't even learn how to make lunch.

I was really into board games on

3 _____,

But now I prefer watching a cartoon.

I played an instrument

4 _____,

But all my friends stood up and ran away.

I need a new hobby! I need a new hobby!

I tried skateboarding

5 _____ at eight o'clock,

But I gave up 6 _____
when I hit a rock.

7 _____, I decided to
go skating,

But then in spring, all the ice started
melting.

I liked hiking in the mountains

8 _____,

But now I just want to stay here.

I loved climbing 9 _____,

But now I think it's really boring.

I need a new hobby! I need a new hobby!



1 1.6 Listen and complete the song.

an hour later a week ago Friday afternoon last month last Sunday
last winter last year this morning yesterday morning

► Listen again and sing along.

2 Choose three hobbies. When was the last time you did them?

I went skateboarding last Sunday.

Did you enjoy it?



Put the
activities in the
song in order.

1 Read the article. What great idea did the girls have?

Two years ago, sisters Naomi (11) and Anna (8) both had a bad cold, and they had to stay home for a week so their classmates wouldn't catch it. They were getting bored while they were recovering, so they started looking online for things to do. One day, while they were looking for ideas for arts and crafts, they found a video that showed how to make finger puppets. The sisters soon became experts at making the puppets. Later on, when they were feeling better, they were walking to school one day when they had a great idea: why not sell the finger puppets online? Today, the girls have their own business, and it's a huge success!



► Answer the questions.

1 Why did they look for things to do?

2 When did they find the video?

3 When did they have the idea to sell the puppets?

2 Complete the sentences with your own ideas.

1 I found a wallet while _____

_____.

2 I _____

while I was climbing a tree.

3 When I got up last Saturday, _____

_____.

► Share your ideas.



Past Simple and
Past Continuous

I **was running** when I **fell**.

I **fell** while I **was running**.

It **was raining** while I **was running**.



Write the first
half of a sentence
for a classmate
to complete.





1 Label the pictures.

crops drought fix wind turbine



2 Read the title and look at the pictures. How do you think William saved his village?

➤ Read the text and check.



Using Headings to Find Information

Headings organize a text into sections and tell you what the main information in each section is. When you need to find information in a text, look at the headings and guess where it will appear.

3 Where can you find the answers to these questions? Write the headings.

- 1 What was William's hobby? _____
- 2 What did people think of William's idea? _____
- 3 Why did William go back to school? _____
- 4 What did William find in the library? _____
- 5 Why did William stop going to school? _____

➤ Read the text again and answer the questions.

4 Discuss. What useful things can you learn from your hobbies?



How is your childhood different from William's?

The Boy Who **SAVED** His Village

Unit 1

No More School

Fourteen-year-old William Kamkwamba loved going to school, but one day when he got home, his parents had some bad news. They couldn't pay for his education anymore. William's parents had a farm in Malawi, Africa, but that year there had been a terrible drought, and all their crops had died. His family needed the little money they had for food.



A Discovery at the Library

William was disappointed, but he understood. He decided to study on his own at the village library. One day, while he was looking for something to read there, he found a book called *Using Energy*. On the cover, there was a picture of a big wind turbine. William decided to check out the book and read it at home.



A Hobby Becomes Important

William liked repairing things. It was his hobby. People in the village came to William when their radios didn't work, and he fixed them. While he was reading his library book, he discovered that a wind turbine could help him fix something much bigger than a radio.

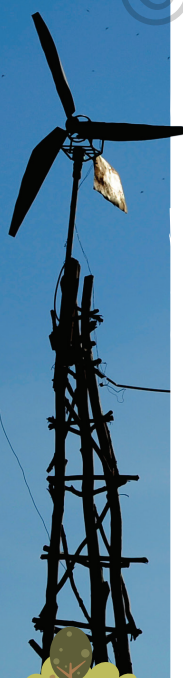
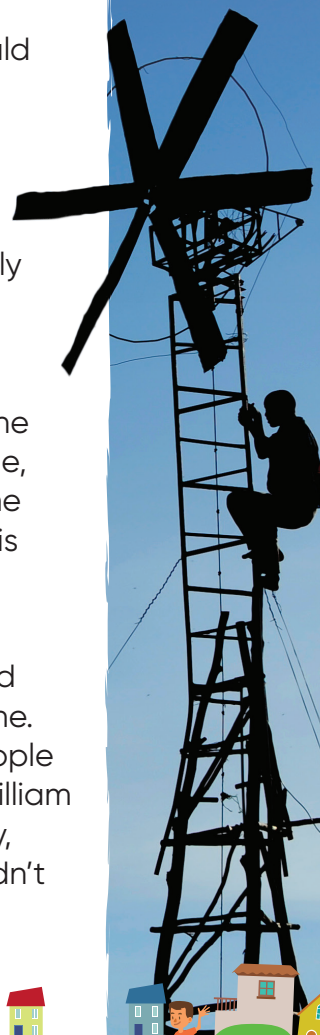
He realized that a wind turbine could fix some big problems in his village!

A Not-So-Crazy Idea

In *Using Energy*, William learned that a wind turbine can not only produce electricity but also bring water up from underground. Electricity and water were two things his village badly needed, so he decided to make a wind turbine for his home. He used parts from old bicycles, pieces of wood and even shoes. While he was working, people came and watched. Everyone in the village, including his mother, said he was crazy! But when William's home became the first in the village to have electric light, thanks to his wind turbine, they quickly realized he wasn't crazy at all!

Back to School and Then Back Home

After that, William made wind turbines for the whole village, and before long, there was enough electricity and water for everyone. This success made William famous, and a group of businesspeople decided to pay for his education at a school in South Africa. William then went to college in the U.S. He wrote a book about his story, and a documentary was made about him. However, William didn't forget the people of his country, and today he lives in Malawi, helping farmers find solutions to their problems.



Listening

1 Look at the picture and discuss the questions.

- 1 What sport is it, and what do you know about it?
- 2 Where and when was it invented?
- 3 From what other sport did it develop?

▶ 1.7 Listen and check.



Listening for Time and Sequence

Information about historical events often includes time and sequence expressions: *in 2019, in the 1980s, before/after, at first, five years later.*



2 1.8 Listen and complete the sentences.

- 1 _____ skateboarding, there was surfing.
- 2 Almost _____ ago, some surfers put metal wheels on a surfboard.
- 3 _____, skateboarders made their own boards.
- 4 _____ later, stores started making and selling them, too.
- 5 In the _____, skateboards with plastic wheels appeared.
- 6 Skateboarding became an Olympic sport in _____.

3 1.8 Listen again and answer the questions.

- 1 Why did skateboarding lose popularity in the late 1960s?

- 2 Why were plastic wheels better than metal wheels?

- 3 What made skateboarding popular all over the world in 1985?

- 4 How many people started skateboarding after that?

4 Discuss the questions.

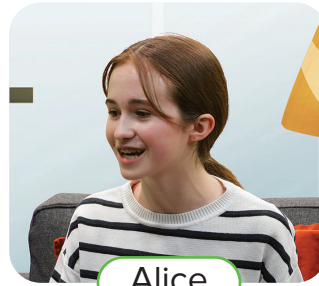
- 1 Have you ever tried skateboarding?
- 2 If you have, what was it like?
- 3 If you haven't, would you like to try?



Sara



Rob



Alice



Oliver

1 1.2 Watch the video and write the names.

- 1 _____ and his friends went to the mall to see a movie.
- 2 _____ saw the same movie last week.
- 3 _____ thinks the movie had a good story.
- 4 _____ thinks Mia Mason was the only good thing in the movie.



Agreeing and Disagreeing

- Listen to what people say and decide if you have the same opinion.
- Speak respectfully to others even if you disagree.
- Don't worry if you disagree. Everyone has different opinions!

2 1.2 Watch again and complete the sentences.

absolutely agree exactly sure totally

- 1 Cool? I'm not _____ about that.
- 2 That's _____ what I think.
- 3 I respect your opinion, but I _____ disagree.
- 4 Yes, I _____. Mia Mason was pretty good.
- 5 _____! Our drama club's way too good for them!

► Discuss. Are the students respectful when they disagree?

3 Take turns giving opinions and agreeing or disagreeing.

an actor

an athlete or a sports team

a hobby

a school subject

a singer

a TV show

I think English is the easiest subject.

I disagree! English is hard. Math is the easiest!



Try to find one movie that everyone in the class likes.

1 Read and choose for you.

I can say three things I'm good at. ☐

I can say something I'm proud of. ☐

This is me!

I can say three things I like about myself. ☐

I'm a positive person. ☐

I'm happy to be me. ☐



➤ Discuss your answers.



Building Self-Esteem

Self-esteem is how you think and feel about yourself. To build self-esteem:

- Think about what you are good at. Everyone is good at some things and not so good at others.
- Eat well and get enough sleep and exercise. We feel more positive when our bodies feel good.
- Be kind to yourself. Encourage yourself in the same way you encourage your friends.

2 Discuss the questions.

- 1 What are you good at, and what are you proud of?
- 2 Do you eat well and get enough sleep and exercise?
- 3 What else can you do to build your self-esteem?

3 Complete the sentences about you.

- 1 I like who I am because _____.
- 2 I feel good about my _____.
- 3 I really enjoy _____.
- 4 People say I'm great at _____.
- 5 I did really well when I _____.
- 6 I am capable of _____.

➤ Share your sentences.

1 Choose how well you can do these skills.

	I can do this well.	I'm OK at this.	I need more practice.
I can listen for opinions.			
I can write instructions on how to do something.			
I can talk about likes and dislikes.			
I can agree or disagree with people's opinions.			

2 Answer the quiz.

1 Name three hobbies that you can do indoors.

3 Say three phrases to talk about dislikes.

4 Name four past time expressions.

2 What were you doing while you were going to school this morning?

5 Say what you usually do on Thursday evenings.

3 Discuss the questions.

- Why is it good to have a hobby?
- What hobbies do you have?
- What do you consider when you choose a new hobby?
- What hobbies would you like to try?

4 Answer the big question.

What should we do in our free time?

